Chapter 4 – Day Centres, Children's Centres and Voluntary Care Groups

This chapter details all of the day centres, children centres and voluntray care groups in and around Merton.

Day Centres and Social Centres (Adults)

There are lots of day centres and day services available that can offer activities and classes, the opportunity to meet new people, and days out. They may also serve cooked food and provide physiotherapy, chirpody and hairdressing and other services.

All Saints Day Centre - People with learning disabilities and physical impairments

44 All Saints Road

London

SW19 1BX

Telephone: 020 8274 5388

Fax: 020 8542 9541

Email: <u>AllSaintsCentre@merton.gov.uk</u>

Eastway Day Centre – For older people

44 Eastway

Morden, SM4 4HW

Tel 020 8274 5755

High Path Community Resource Centre – For people with learning disabilities

63 High Path

South Wimbledon, London

SW19 2JY

Telephone: 020 8274 5361

Fax: 020 8241 2233

Email: highpath@merton.gov.uk

JMC Day Centre – For people with learning disabilities

114 Riverside Drive

Mitcham, CR4 4BW

Telephone: 020 8274 5141

Children's Centres

There are a number of Children's Centres and Sure Start
Centres in Merton (see full list below). They offer various
services and lots of support, including on: Early years provision,
Family support and parental outreach, Child and family health
services, Parental involvement, Links with Jobcentre Plus,

Support and outreach services to parents/carers and children

who have been identified as in need of them

Information and advice to parents and carers on a range of

subjects, Support to childminders via a co-ordinated network,

Drop-in sessions and other activities for children, parents and

carers, Midwifery and health visiting services, Adult education

and family learning, Specialist services such as speech and

language therapy and child and adolescent mental health

support.

North Mitcham and Colliers Wood

Abbey Children's Centre

Merton Abbey Primary School

High Path, Merton

SW19 2JY

Telephone: 020 8274 5341

Church Road Children's Centre

243 Church Road

Mitcham, CR4 3BH

Telephone: 020 8274 5851

Lavender Children's Centre

London Road

Mitcham, CR4 3LB

Telephone: 020 8274 5132

Steers Meed Children's Centre

Lavender Park, Veals Mead

Mitcham, CR4 3HL

Telephone: 020 8274 5866

South Mitcham Children's Centres

Ivy Gardens Children's Centre

Ivy Gardens

Mitcham, CR4 1BR

Telephone: 020 8274 5840

Children's Centre at St Mark's

St Mark's Road

Mitcham, CR4 2LF

Telephone: 020 8274 5121

St Helier, Morden and Wimbledon Children's Centres

The Avenue Children's Centre

Joseph Hood Primary School Whatley Avenue SW20 9NS

Telephone: 020 8274 5196

The Bridge Children's Centre

Raynes Park Library 29 Approach Road, SW20 8BA

Telephone: 020 8274 5196

Lower Morden Children's Centre

Aragon Primary School Aragon Road, Morden SM4 4QU

Telephone: 020 8274 5846

Newminster Children's Centre

Newminster Road, Morden SM4 6HJ

Telephone: 020 8274 5820

Local Voluntary Care Groups Other voluntary care groups

These may provide practical help to older and disabled people who are unable to get help from family, friends or neighbours. This includes door-to-door transport to GP surgeries, clinics and hospitals, prescription collection, transport to local shops or even doing the shopping. Many groups can also help with everyday household tasks such as putting up shelves or handrails, light gardening and changing fuses in electric plugs etc.

Meals on Wheels

Meals on wheels provide food seven days a week for people who are unable to prepare or cook a hot meal for themselves. The meals can be provided hot or frozen, for heating in the home, and will meet dietary, religious and ethnic needs.

Merton Adult Services Team

Merton Civic Centre, London Road, Morden, SM4 5DX

Telephone: 020 8545 4430

Minicom: 020 8545 4626

Mobile: SMS 07961 243740 (reserved for people who are

Profoundly Deaf and using SMS only)

http://www.merton.gov.uk/health-social-care/adult-social-care/help-at-home/mealsonwheels.htm

Hydrotherapy Pools

Wimbledon Leisure centre – 020 8542 1330 Morden Park Pool – 020 8640 6727

Learning Disabilities

Employment Help

Merton Employment Team for People with Learning Disabilities

Civic Centre, London Road

Morden, SM4 5DX

Telephone: 020 8274 5735

MertonEmploymentTeam@merton.gov.uk

Job Club – Every Wednesday

High Path Community Resource Centre

63 High Path

South Wimbledon, SW19 2JY

Telephone: 020 8274 5361

Fax: 020 8241 2233

Email: highpath@merton.gov.uk

Learning Disabilities Community Nurses Team

Telephone: 020 8545 4496 or 020 8545 4599

Learning Disabilities Occupational Therapy

Telephone: 020 8545 4520

Learning Disabilities Team

Telephone: 020 8545 4529

Email: sslddutyteam@merton.com

Mascot

Enables vulnerable people in their own homes to call for emergency help.

Telephone: 020 8274 5940

Web: www.mascot-telecare.org.uk

Email: mascot@merton.gov.uk

Local Services for Carers of Adults with Learning Disabilities

Adults First (Merton Mencap)

Merton's forum for carers of adults with a learning disability.

Web: www.mertonmencap.org.uk

Tel: 020 8687 4644

Email: adults.first@swlondonmencap.nhs.uk

Out and About

Match-making service bringing adults with support needs together with people who want to help them to be more active in their community.

If you are interested in taking part please contact -

Merton Voluntary Service Council (MVSC)

Telephone: 020 8685 1771

Email: info@mvsc.co.uk

All Saints Community Resource Centre (Physical and Learning Disabilities)

Telephone: 020 8274 5388

Email: <u>AllSaintsCentre@merton.gov.uk</u>